

## **Public Health England Advice and Guidance**

### **What is self-isolation?**

Self-isolating is a precaution to provide people with health advice about any symptoms in case they become unwell. These people are being advised to “self-isolate” which means they should stay at home and avoid contact with other people as a precaution. It does not mean they are ill and people who have had contact with these individuals do not need to take action.

Those who have been told to ‘self-isolate’ are being asked to avoid other people and stay at home and not go to work or school. During this time, they will be supported by Public Health England, who are monitoring them and will undertake further testing if they show any symptoms of the virus, and provide any further care needed.

### **Should I send my child to school?**

Yes. The safety, welfare and wellbeing of all in our school community is our primary concern and a constant dialogue has, and will continue, to take place with the relevant authorities to ensure that the school acts in accordance with guidance. We are working in collaboration with, and being guided by, the Local Authority and Public Health England to ensure that we are acting consistently with the right medical advice.

The Local Authority has confirmed to us that Public Health England and the office of the Chief Medical Officer are clear in their advice that schools do not need to close. Our school management team are following that guidance and are keeping our school open. I will continue to keep you updated with any advice that is passed to us.

At this present time, there is low risk for anyone attending our school. On advice from the Chief Medical Officer, the risk has been declared as "moderate" - a level which allows government to plan for all eventualities but that ultimately, that the risk to individuals remains "low".

**Please contact the school if you are thinking about keeping your child at home.**

### **Where do I get accurate information from?**

Please also be aware that media speculation is rife about Coronavirus and not everything you read in the newspapers and online is accurate.

The release of trusted and accurate information will always be released initially by the Chief Medical Officer. Further guidance will then be issued by Public Health England, the Department for Health and Social Care or the NHS. The Local Authority will also support those messages.

You can find the latest information and advice from Public Health England at <https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

### **Everyone is being reminded to follow Public Health England advice:**

- Like with other illnesses, coronavirus infection usually occurs through close contact with a person with novel coronavirus via cough and sneezes or hand contact.
- Always carry tissues with you and use them to catch your cough or sneeze. Then bin the tissue, and wash your hands with soap and water
- Wash your hands often with soap and water, especially after using public transport.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are unwell.